

DATE: 21.06.25

DAY: SATURDAY

International yoga day celebration



International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. Today, on 21st June 2025, Air Force School Kalpi has also celebrated International

yoga day in school ground. It was attended by many prominent people , school staff and students with great enthusiasm. All Faculties, Staff and children were taught the importance of Yoga in their life & how to maintain the harmony between body and mind. At the end energy drink was given to all. International Yoga Day celebrations ended with a huge success .